

“Uzma Ameen”

Uzma Ameen is a resident of a suburban colony of Kahna Nou, a village 25 km away from Lahore on Kasur road. The community is extremely poor and lives in squalid conditions: sewage water flows in the lanes and files are everywhere. She works at home doing Salma Sitara work at Adda for lady suits. She suffers from irregular work and her monthly income can range from Rs. 500 to 700 per month.



Uzma is 22 years old F.A. pass married girl, lives in a joint family of 8 members. She is F.A. pass and works for Salma Sitara at Adda for lady suits. This is joint family of 8 members, living in a two-room small accommodation.

Uzma has to look after her two little girls, do her home-hold chore and the works relating to her husband along with Salma Sitar work. Her husband is a laborer and gets irregular work. She is also supporting the family financially with her little contribution. There is no financial progress and economic betterment despite of working for a long time and long hours. She is attached with a local social organization, Women Workers Union. She is an active member of the organization, attends its meeting regularly and participates in decision making, yet the organization could not help her in getting good wages, more work and on-time payment.

Uzma is suffering from back ache due to continuous sitting in a special position to work She is also a patient of high blood pressure. When asked from where she gets the treatment she replied innocently, “We do not have health facilities so we depend on self-medication. If we get a headache it means our blood pressure is high so we eat sugar, and when we experience pains in our legs it means that our blood pressure is low so we eat salt. This is how we keep ourselves fit fort work”.

Regarding her needs and demand Uzma informed that she needs more and regular order work, health facilities near her village, nearby availability of conveyance and training in her skill to work more professionally.

